

The Coyotelog

AF Outstanding Unit - 2000, 1985, 1979



The Monthly Newsletter of the 190th Air Refueling Wing

Vol. 47, No. 9 June 2005

Civilian Coyote Honored

By Tech Sgt Greg Burnetta
190th Public Affairs

On April 27, 2005 a civilian member of the Air Guard was honored by an outside entity as being a leader who inspired change.

Family Readiness Coordinator Tonya Van Sickle, 190th Air Refueling Wing (ARW), was honored at the 17th Annual Topeka Young Women's Christian Association's (YWCA) Leadership Luncheon, which was held at the Maner Conference Center in Topeka. "I was shocked and honored to get this award with all the worthy nominees that there were," said Van Sickle.

The annual Leadership Luncheon continues the work of more than a century of honoring women

who touch lives, support dreams and enrich the Topeka community daily in its mission of empowering women and eliminating racism.

Specifically, the Topeka YWCA serves the community by offering eight health and human services programs to approximately 15,000 local persons each year.

Women honored with this award are recognized by their employers and co-workers as leaders who inspire change with their attitudes, insights and knowledge.

Col. Deborah S. Rose, 190th ARW Vice-Commander, nominated her for this award. Rose is a 1994 honoree of the YWCA and is an elected member of the YWCA's Board of Directors.

"I felt like Tonya exhibited the attributes (ascribed to by the YWCA) because of what she does for families and member's spouses. I feel as though she had brought professionalism to our Family Readiness Program," said Rose. "I'm very honored the 190th nominated me," said Van Sickle.

Van Sickle is a member of the Kansas National Guard Family Program Advisory Council and Chairs the State Family Program Workshop Planning Committee for 2004 and 2005. She has completed courses in Program Administration and Evaluation, Community Re-

sources, Prevention in Human Services, and non-profit fund raising. She has completed the Kansas Association of Non-Profits workshop on Fund Raising skills.

From 2000 to 2002 she was a Research Coordinator at the Kansas Commission on Veterans Affairs in the Gulf War Veterans Program. While there, she served a one-year term on the National Gulf War Research Center Board of Directors. From 2002 to 2004 she also served as the Youth Director for the Graceland United Methodist Church.

Since she has become the Wing's Family Readiness Coordinator, it has been recognized as the 2003 Kansas National Guard Family Program of the Year, and most recently, the 2004 Air National Guard Family Program of the Year.

She has been a Project Topeka member and Housing and Credit Counseling, Inc. Board member.

The 190th ARW has had four recipients for this award since 1990. "I think that's pretty phenomenal for the size of our unit. That denotes the high quality of our female members," said Rose.

In addition to Van Sickle's award, the 190th ARW was honored by the YWCA as a nominee for the "2005 Employer of Excellence" award. These awards are presented to the employers who has policies that help women balance family and work.



Community Leader
Tonya Van Sickle accepts the YWCA 2005 Women of Excellence Award
(Photo submitted)

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A primer on EMEDS

By Col. Dennis Lawlor

190th Medical Grp Commander

The medical mission in the Air National Guard has been traditionally one of wing support. This meant providing the immunizations, public health intelligence, and physical exams for the deploying members of the wing. The deploying members were rarely medical personnel. Yes, the flight surgeons and the Squadron Medical Element (SME) would deploy with the aircrews. However, the rest of the medical group deploying outside of an annual training tour was unlikely.

Until 2002, our medical group structure reflected the old doctrine of the Air Force for wartime deployment for medical personnel. We were to man an Air Transportable Hospital or ATH. This deployable medical facility required 149 medical personnel, 55 pallets and 1.5 C-5's for transport and served a population of 3000 and had 25 hospital beds. It had large airlift and manpower requirements and it was infrequently used.

In the late 1990's, the Air Force began working on a new model of medical deployment that was incremental. This means you can bring specific medical capability with a much smaller footprint in personnel and pallet needs. By maximizing the clinical skills of the medical personnel in this system, the number of personnel and equipment could be dramatically reduced. This new model is EMEDS (Expeditionary Medical Support System). The EMEDS concept can be built up in increments from a small surgical team of 7-8 personnel to an EMEDS +25 facility. The EMEDS +25 has slightly less hospital beds than an ATH but brings more surgical and critical care capability. Despite this additional capability it requires only 17-25 pallets and only 83 medical personnel and can serve a population of nearly 5000.

Incumbent on this system are the critical medical skills of the medical support staff. In the active duty Air Force the hospital-based surgical physicians and nurses, anesthesia personnel, and critical

care staff were already there. This EMEDS concept has been put into practice over the last 8-10 years with outstanding success. Air Force EMEDS facilities throughout Iraq and Afghanistan today provide excellent medical and surgical care. As the demands for this Air Force mission have increased, the number of active duty Air Force medical personnel has diminished as stateside Air Force hospitals have shrunk. The ANG medical personnel popped up on the radar screen as a source of medical manning for EMEDS. Historically the ANG has had mainly primary care-oriented physicians and staff. Also, our manning document did not fit a small building block-type concept for EMEDS.

In the last two years, we have reshaped our manning document to fit the EMEDS concept of modular build. Our manning document has changed from two large Unit Type Codes (UTC) to seven UTC's. Two large UTCs and five UTCs of smaller groups of people. Each UTC has a specific group of skill sets. To match the skills of our people with this new concept has required major changes in our training and recruiting of new medical specialties. This reshaping of our medical mission began with the goal of the ANG having a medical mission for future Aerospace Expeditionary Force (AEF) rotations. This AEF rotation schedule is distinct from the AEF rotation the 190th ARW participates in for aircraft and aircrew for the refueling mission. Since this reshaping began, our first AEF medical rotation comes September thru December 2005. The specific taskings have just come out within the last several weeks.

Since 9/11 an additional homeland defense medical mission has begun development. It too will make use of the EMEDS concept. The medical personnel for this homeland defense mission are structured to come from the ANG medical groups organized by Federal Emergency Management Agency (FEMA) region. Each FEMA region should have the personnel to fully man an EMEDS+25 facility. To illustrate, the 190th ARW and



Col Dennis Lawlor
190th Medical Group Commander

the 184th ARW are in FEMA region 7 along with the ANG units in Missouri, Iowa, and Nebraska. Our 4 state FEMA region will pool our medical personnel resources with FEMA region 8 (Montana, Wyoming, North Dakota, South Dakota, Colorado, and Utah) for future medical AEF rotations and for potential homeland defense medical deployments. This pooling of personnel resources is to allow some flexibility in deployment for our scarce commodity of critical skill personnel such as surgeons, anesthesiologists, critical care nurses, respiratory therapists, etc.

A new EMEDS mission for the 190th ARW is the care and storage of a complete EMEDS+25 equipment set. This \$3 million package is the first, and so far, the only EMEDS equipment set for homeland defense in the country and arrived last month. The logistical support for this important national asset is a challenging mission for the 190th ARW. Many issues on logistical support and doctrine are still evolving and our wing and state leadership are actively engaged in these issues that will affect future ANG policy.

The ANG medical group has evolved dramatically as it has accepted taskings for several new missions. The EMEDS concept is at the heart of these new missions. The next time you see a medic or visit the clinic, you can now say you speak EMEDS.

Civil Engineers deploy around the world

By 2nd Lt Joe Blubaugh
190th Public Affairs

Thirty five members of the 190th Civil Engineering Squadron were honored during a deployment ceremony May 7, 2005. The ceremony was to honor not only those deploying in support of the global war on terrorism, but to show support to the airmen and families of those already deployed in several locations around the world.

The most recent group to deploy includes 20 airmen who departed Forbes Field on May 14 for Iraq. The 190th members will team up with other air guard and active duty Airmen with a mission of sustaining the base they will be stationed at in Iraq.

CMSgt Danny Roush, who will serve as the NCOIC of the CE Squadron in Iraq, says the all-volunteer group is loaded with talent and ready to com-

plete the mission. "Everybody is excited to have the opportunity to do this," said Roush. "We are ready for this to start so we can get it over with and return to our families."

As with any deployment, service members aren't the only ones making sacrifices. Command Chief Gary Montgomery is especially appreciative of the friends and families of those being deployed. "I want to personally thank the families, because it is a big sacrifice to you," he said.

Those on the deployment are also leaving their jobs and education behind. SrA Daniel Kirksey is a student at Kansas State University who had to complete his semester ahead of time. "My professors were very supportive and helped me complete the semester successfully," said Kirksey. "This deployment has taught me that it is important to prepare, especially if you are in school."

The CE Squadron also deployed four personnel to Qatar to provide base maintenance. SMSgt Scott Then says they haven't been told exactly where they are going are what their mission will be, but assumes they will be tasked with missions like airport lighting, electrical work and heating and air conditioning maintenance. Two of the Airmen will deploy for 60 days while the other two will remain for 120 days.

Then is looking forward to the experience. "It's part of our mission and we don't get to go very often," said Then. "I'm glad we finally have been given the opportunity to go," he added.

In addition to the members that deployed in May, the CE squadron also has 10 other personnel deployed in several locations around the world including Alaska, Curacao, Afghanistan and Iraq. One additional member will be deploying to Iraq later this month.

Summer Safety

101 Critical Days of Summer

Memorial Day to Labor Day is labeled the "101 Critical Days." During these 101 days our outside activities are at their peak. Whether you are catching the warm summer breeze on your Harley, or riding the waves on your personal watercraft, use common sense for safety's sake! Keep the following safety facts in mind while enjoying your summer! Slowing down and using common sense can prevent most injuries.

- Over 10,000 people each year are treated for burns from fireworks. 55% are under the age of 15.
- 90,000 people each year are treated for injuries resulting from powered lawnmowers. About 40% are under the age of 15.
- Needless deaths occur each year because boaters, skiers, swimmers and jet skiers failed to wear a protective flotation device (Life jacket).
- Some family vacations end before they get started. Over 50% of car accidents occur within 25 miles of the home. Please remember to buckle-up!
- Barbecues can be a disaster when a small child is within reach of the grill or hot coals.
- Softball and baseball injuries keep the emergency rooms very busy in the summer time. Remember that the body isn't as flexible as it was 10 years ago. Warm up and stretch out before you play!



Don't let this be you!

The 101 Critical Days of Summer begin on Memorial Day.

Coyotes Help Those in Need

By Tech Sgt Greg Burnetta
190th Public Affairs

Christmas comes early – the last weekend in April – for some people. Each year individuals and organizations band together for a nationwide “Rebuilding America” initiative known as Christmas In April.

The 190th Air Refueling Wing (ARW) has participated in this project for five years, said Chief Master Sgt. Danny M. Roush, 190th Civil Engineering Sq. “It’s something we will continue to do,” he said.

The program brings organizations and people together to help preserve and revitalize houses and communities, assuring that low-income homeowners, from the eld-

erly and disabled to families with children, live in warmth, safety, and independence.

Often times, disadvantaged people have no place to turn when the roof leaks or the front steps crumble. Disabled families and homeowners often cannot afford the home up-keep in order to permit them to age in peace. All too often they have to choose between vital necessities such as food and medicine - or a roof that does not leak. Christmas in April exists to assist those people.

The 190th ARW is part of the Shawnee County, Kansas chapter of the national initiative. There are over 250 affiliates nationwide, which worked on 8,670 houses and nonprofit facilities in 2005. This is estimated to have delivered \$93

million worth of market value work to those in need. The 190th ARW helps repair one home each year.

This year the home they worked on received a new paint job on the entire exterior of the house and a new bathroom vanity. Roush said the home also received new storm windows and some new plumbing items. All this work was completed in one day. “This was one of our easier ones,” said Roush.

Twenty 190th unit members participated in this project,



A Fresh Coat

CMSgt Danny Roush touches up a window to this year’s “Christmas in April” home.

(Photo by 2nd Lt Joe Blubaugh)

this year, said Roush. That included a few people from the Support Group, a couple from Communications, and the remainder from Civil Engineers, he said.

The number of low-income homeowners increases each year. The current 24 million low-income homeowner families is expecting to grow to 28.5 million by the year 2010. That means there is plenty of work to be had by interested people.

190th unit members who wish to participate in this project are not limited to Civil Engineering. Anyone interested in participating in next year’s Christmas in April project (on the last Saturday of April) contact Chief Roush in CE at extension 4072 sometime after he returns from his present deployment in mid-September, 2005.



Helping Those In Need

SrA Heather Copeland and 2nd Lt Marjorie Norton apply fresh paint to a house in Topeka. They were just two of the 20 Coyotes that volunteered in the annual event.

(Photo by 2nd Lt Joe Blubaugh)

TRICARE Reserve Select Health Insurance

By MSgt Tammy Wells
190th Customer Support

Beginning in April, 2005, the Department of Defense has implemented TRICARE Reserve Select (TRS) - a premium-based health care plan available for purchase by certain eligible members of the National Guard and Reserve who have been activated for a contin-

gency operation (Operations Noble Eagle, Enduring Freedom, and Iraqi Freedom) on or after September 11, 2001. RC members must agree to continued service in the Selected Reserve for one or more whole years to qualify. TRS will provide comprehensive health care coverage similar to TRICARE Standard and Extra for TRS members and their covered family members.

TRS members would pay a monthly premium for health-care coverage (for self-only or for self and family). For details on the TRS program (to include eligibility, benefits and premiums), please visit the MSF web page on the intranet or the TRICARE Website. You may also contact SrA Orlando Saucedo at 861-4131 or MSgt Tammy Wells at 861-4133.

Family Day 2005

190th ARW Family Day 2005 ~ Fun for all ages!

Mark your calendars for the 190th Friends & Family Day 2005 Saturday, 4 June, 2005

- Volleyball Tournament
- Car Show
- Health & Wellness Fair
- Bouncy Boxing Ring
- Kids Games
- Topeka Zoo Display
- Dunk the Commander's Tank
- Combat Air Museum Display
- Arts and Crafts
- Face Painting



190th ARW Family Day Motor Vehicle Show

Class 1: Motorcycles
Class 2: Trucks
Class 3: Cars (early model to 1954)
Class 4: Cars (classics: 1955-1965)
Class 5: Cars (1966 - Present)

* Members may invite two guests to participate in the car show. Member's name must appear on the show registration as a sponsor to be eligible. Contact SSgt Brian Dodds at 861-4681 for info.

Registration: 0800-1000

Show: 0800-1400

Awards: 1300

Lunch will be served outside building 2000 from 1030 - 1300
AGRs, Officers and Adult Family Members - \$4.00, Kids eat free!

***** Note - Civilian clothes may be worn after 1100 for military personnel *****

Senior Airman John C. Steinert



Organization: 190th Security Forces Squadron

Job Title: Security Forces Apprentice

Main Responsibility: Protection of Air Force resources and personnel.

Civilian Career: Student

Education: 2 years college at St. Mary's University of MN, 1 year at Washburn University

Military Experience: 13 months with the 190th ARW

Goals and Ambitions: Complete my college degree, participate in several deployments and progress in my career field and possibly receive a commission.

Hobbies and Activities: Spending time with friends and family, golfing and hunting.

Most Memorable 190th moment: The opportunity to work full time on orders to gain knowledge and experience in my career field. Evading the radar during a midnight flight exercise.

Coyote Heritage

I'm proud to say I served during the formation of the 117th. Our unit had many outstanding accomplishments. As an example: While attending a debriefing during our participation in Swift Strike II, Myrtle Beach, S.C. as a self supporting squadron, the Colonel in charge of the debriefing made the following remarks to me: "You guys from the 117th...



Pinning Major

Captain Bill Fry is promoted to Major by Lt. Col. Carl "Curly" Boggs at summer camp in 1961.

We have tried every way to screw up your mission by giving you orders past midnight and other challenges, but your guys have consistently completed the mission in timely fashion and you have had at least two airplanes in the sky at night. If I try to fly my pilots twice a day they complain and raise hell with me for being overworked."

"Our guys are all professional, not just our aircrews, but more importantly, our maintenance personnel who were on duty and working 24/7, plus all our other support units also working 24/7," I replied. "We did not come here to play, we did not come here to fail, we came here to win!" I will never forget the look on his face as I left the room proud of each and every member of our team!!

Editor's note: The preceding is a story related by Lt. Col. Bill Fry who served as the Commander of the 117th Flying Squadron at the time of the move to Forbes in 1962.

Our 50th Anniversary is approaching quickly. Stories such as the one above need to be written down in order to save them so that future members of the 190th have some idea what a proud heritage they have. Please record your story and send it to the historian's office at: 190th Historian, 5920 SE Coyote Dr., Topeka, KS 66619-5370.

Promotions

SrA

Ashley N. Hastings, Services
Albert G. Orbinati, Maint.
Aaron K. Poston, Services
Louis G. Smith IV, Maint.
David G. Torrez, Maint.
Grayden B. Tressler, Maint.



SSgt

Christian L. Avalos, Ops
Robert M. Hirth, Maint.
Jason L Parker, CES



TSgt

Clifford J. Kane, Comm
Dennis R. Lane, 117th ARS



MSgt

Sharon D. Dirks, Medical
William E. McClain, CES
Lawrence Paoletti, Comm



MXG Top Performers

SSgt Robert Hirth graduated McGhee Tyson
ALS 31 Mar 05 with 2 awards, Distinguished
Grad and the Academic Achievement.

SRA Benjamin Webb graduated McConnell AFB
ALS 5 May 05 with the Academic Achievement
Award.

\$ Finance News \$

UTA Pay Dates:

June UTA: 15 June 2005
July UTA: 13 July 2005 (JFHQ Only)
August UTA: 15 August 2005

190th Chapel Services

Protestant: 0800 - 0830
Latter Day Saints: 1100 - 1130
Catholic: 1345 - 1415
The Base Chapel is located on the
3rd floor of Hangar 662.

See you in August!



**No UTA in
July**

Reminder, if you do not have any
military pay in July you will be billed at
home for your dental coverage. You
will need to continue to mail your
payments until UCCI restarts the
automatic payment on the FY quarter.
Additionally, SGLI will deduct two
months premiums in Aug if you do not
have any military pay for July.

Enlistments, Appointments and Retirements

Enlistments

TSgt Lanard A. Paden, 190 OSF
Enlistment Date: 15 Apr 05
SSgt Justin W. Billet, 190 SFS
Enlistment Date: 6 Apr 05
SSgt Michael J. Manning, 190 MXS
Enlistment Date: 2 Apr 05
SRA Brian C. Rapplean, 190 CES
Enlistment Date: 2 Apr 05
A1C Timothy M. Robinson, 190 CES
Enlistment Date: 7 Apr 05
A1C Gabriel S. Ramirez, 190 LRS
Enlistment Date: 7 Apr 05
AB Olivia L. Hof, 190 MDG
Enlistment Date: 1 Apr 05
AB Lindsey S. Lutgen, 190 SFS
Enlistment Date: 1 Apr 05

Appointments / Promotions

LtCol Joel K. Darbro, 190 OSF
Appointment Date: 26 Apr 05
LtCol Christopher L. Gnagi, 190 OSF
Appointment Date: 26 Apr 05
Capt Kevin L. Bernd, 190 MDG
Appointment Date: 1 Apr 05
Capt James W. McCosh, 117 ARS
Appointment Date: 20 Apr 05
Capt Christian B. Shue, 190 MDG
Appointment Date: 6 Apr 05
1Lt Brandi D. Dodds, 117 ARS
Appointment Date: 18 Apr 05
2Lt Kimberly D. Marling, JFHQKS
Appointment Date: 21 Apr 05
1Lt Perry J. Walton, JFHQKS
Appointment Date: 5 Apr 05
1Lt Tanya A. Wehrli, 190 MSF
Appointment Date: 18 Apr 05

Retirements

LtCol William E. Hoy, 190 OSF
Retirement Date: 31 Mar 05
LtCol Thomas S. Pettigrew, JFHQKS
Retirement Date: 31 Mar 05
SMSgt David R. Winburn, 190 MDG
Retirement Date: 15 Apr 05
MSgt Jeffrey A. Barkhurst, JFHQKS
Retirement Date: 15 Apr 05
MSgt Michael J. Titus, 190 OSF
Retirement Date: 06 Apr 05



*The Adjutant General of Kansas,
Major General Tod M. Bunting,
cordially invites you to the
Anniversary Ball
celebrating the 150th birthday of the Kansas National Guard*

R.S.V.P by August 1st, 2005
to:

Headquarters 35th Division
2LT Andrew Tapley
2 Sherman Ave, Bldg 1951-Rm 43
Fort Leavenworth, KS 66027
913-758-5020

Andrew.Tapley@ks.ngb.army.mil

Saturday, August 27, 2005

6:00 P.M. Social

7:00 P.M. Dinner

Capital Plaza Hotel

1717 SW Topeka Blvd.

Topeka, Kansas

Dress: Military Formal
Civilian Formal

Ticket Cost: \$35.00

Coyote Cafe Menu

Saturday June 4 - Family Day
Hamburgers, Hotdogs, Baked Beans,
Potato Chips, Cookies

Sunday June 5
Steak, Roast Turkey, Baked Potatoes,
Mashed Potatoes, Corn, Broccoli,
Salad Bar, Potato Bar, Strawberry
Shortcake, Cream Pie

Hotel for June
AmeriSuites

Do you have news to share?

The Coyote Log welcomes articles and
captioned photos relevant to members and retir-
ees of the 190th ARW. Submissions must be ac-
curate in fact, and will be edited for clarity and
length. Articles will be published as space per-
mits.

The deadline for submission is Sunday of
the UTA prior to the month the article will be
published. Submit articles as e-mail attachments
in Microsoft Word format. Photographs must be
non-copyrighted prints or 300 dpi or higher TIF
or JPG images. Articles and images should be
sent to:

coyotelog@kstope.ang.af.mil

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THE COYOTE LOG
190TH ARW
PUBLIC AFFAIRS
FORBES FIELD (ANG)
5920 SE COYOTE DRIVE
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To The Coyote Family of